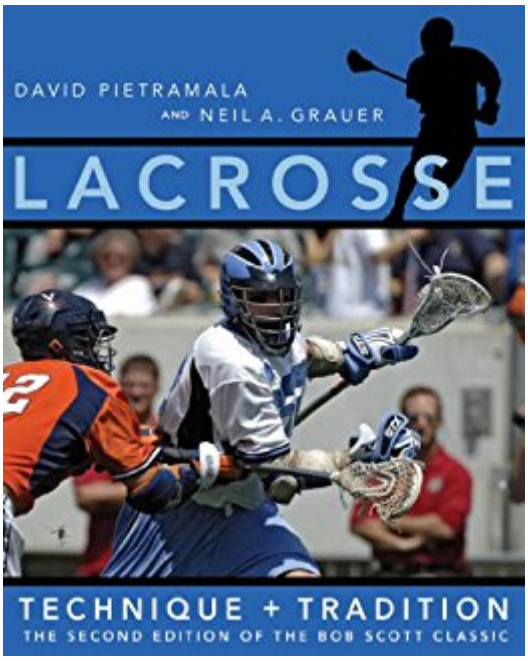
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Synopsis

For thirty years Bob Scott’s Lacrosse has been the ultimate guide to the "fastest game on two feet," explaining the men’s game at its highest level and promoting the Johns Hopkins philosophy, which has become synonymous with lacrosse excellence. In this long-awaited updated edition, Coach Dave Pietramala, whose Blue Jays won the 2007 and 2005 NCAA men’s lacrosse championships, and Neil Grauer, a Hopkins graduate and veteran writer on lacrosse, among other subjects, have reworked every chapter, modernizing sections on rules, equipment, preparation, and tactics. They revisit topics such as drills and skills for specific positions, game strategy, clearing tactics, and the history of the game itself -- including a section on the Johns Hopkins contributions to lacrosse. New diagrams and images help to clarify concepts and instructions in the text. Action and instructional photos by Hopkins photographer James Van Rensselaer capture some of the drama from the 2005 championship year and accompany the teaching chapters. Like the Bob Scott book on which it builds, this edition will soon become familiar to every serious student of the sport.

Book Information

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Customer Reviews

Coach Pietramala really brought the original text into the 21st century, and has updated it to reflect the current state of play. His coverage of both individual offense/defense is second to none, and his knowledge and love of the game is readily apparent. He gives a lot of great insights into coaching by highlighting the strengths and weaknesses of his individual players past and present, and explaining how they capitalized on their strengths and compensated for their weakness was extremely helpful for me as a new coach.If you are serious about increasing your lacrosse IQ and upping your game, either as a coach or player, then you absolutely need to have this book in your hands to read over the summer, and then on your bookshelf to refer back to when needed. The coach has poured his heart into creating it, and we can all benefit from the effort that he has put into the text.I loved reading about the Hopkins tradition at the end of the book, and wish Coach Pietramala and the Hopkins program continued success.

This is the book! Do you want to play at the college level? You better know this book if you hope to be on the same page as college coaches. Covers the sports vast history in great detail. Highly readable. Huge help for players, coaches and fans looking to understand deeply what is happening in the game. There is no other book on the sport you should bother with.

I hoped this book would make me a better coach. Some good information, but a lot of it you can get elsewhere. If you, like me, have every lacrosse book out there, there isn’t a lot of insight here.

I have to boys 11 and 13 that love this sport. I grew up with football, baseball and basketball and had no idea what lacrosse was. I happened to meet a pro coach at a tournament and asked him how he learned the game. His answerer was "Bob Scotts Book" - I ordered it on my iphone on the spot. This book has it all.

This book doesn’t just describe plays and strategies but goes in to how to better develop an athlete and make him or her a better lacrosse player. Drills, play, and how to play as a team are covered but it also gives ideas on how to become a better coach as well as being a stronger, more intelligent player.

Very good upgraded version of the original. This is perfect for the player, parent and/or coach to help better understand all aspects of the game. From individual to team philosophies of every facet

of the game this book really has it all.

Nice reference book for our grandson,

In a world with global warming, having basic mobility and agility drills that are relevant to self defense in the real world is essential to not using a car 365 days a year. This book covers that with a tried and true training system that has been tested by lots of teams.

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